



**NRA Instructor Training Courses  
Home Firearm Safety & Basic Pistol**

**February 5-7, 2010**

**The GOAL Foundation  
37 Pierce Street  
Northboro, MA 01532  
(508) 393-5333**

**Friday afternoon at the GOAL Classroom:**

- 12:00pm BFS Law Primer for MSP Certified Instructors  
3:00pm Pre-course assessment: *Firearm Safety, Loading & Unloading*

**Part 1 Basic Instructor Training**

- 4:30pm Opening Exercise  
5:00pm The Instructor & the NRA Basic Firearm Training Program  
6:00pm Class adjourns

**Saturday at the GOAL Classroom:**

- 8:00am Using a Training Team  
9:15am Training Materials and Training Aids  
10:15am Organizing Your Course  
11:15am Preparing to Teach  
12:15pm NRA Trainer's Exam & Lunch

**Part 2 Home Firearm Safety & Basic Pistol Instructor Training**

- 1:00pm Intro to NRA BP & NRA HFS Course Lesson Plans  
2:00pm Teaching NRA BP Lesson I: Knowledge and Safe Handling  
3:30pm Teaching NRA BP Lesson II: Ammunition Knowledge and Fundamentals of Pistol Shooting  
5:00pm Teaching NRA HFS Lessons III and IV: Safe Gun Handling Practical Exercises, Ammunition, Firearm Cleaning and Storage  
6:15pm NRA Basic Pistol Instructional Method  
7:15pm Class adjourns

**Sunday at the Worcester Pistol & Rifle Club:**

- 7:45am Teaching Pistol Lesson III: Firing the First Shots  
9:30am Teaching Pistol Lesson IV: Two-handed Standing & One-handed Standing Positions  
11:00am Evaluating and Improving Performance of Beginning Pistol Shooters

**Sunday afternoon at the GOAL Classroom:**

12:00pm	Lunch
12:45pm	Teaching Pistol Lesson V: Pistol Sports and Activities
1:45pm	Home Firearm Safety Examination
3:15pm	Basic Pistol Examination
4:45pm	Course Evaluation
5:30pm	Course adjourns

**NOTICE**

- This is an Instructor Course and is open to experienced shooters only. The NRA Instructor Training Course is designed to teach experienced individuals how to teach others to shoot using the NRA lesson plans and training methods. You will be asked to demonstrate your firearm knowledge and skills during pre-course assessment exercises. Participation in this course does not guarantee certification as an NRA Instructor.
- Instructor Candidates must have 100% attendance!
- Advanced registration only! Seating is limited. You become registered when we receive your completed application and full tuition.
- All books and classroom materials will be provided.
- Instructor Candidates will need to bring a note pad and pencils.
- On Sunday, Instructor Candidates will need to bring eye and ear protection, **50 factory made cartridges** and a .22 caliber revolver and semi-automatic pistol for the range practical exercises. If you lack one or both, a loaner pistol will be provided.
- Refunds will be granted for student cancellations up to 14 days before course date. Application and full tuition must be received to complete the registration process.
- The Pre-Course Questionnaire must be completed and submitted with a \$295.00 course fee for GOAL Members and non-residents or a \$450.00 course fee for non-GOAL members Make checks payable to “The GOAL Foundation” and mail or deliver to GOAL, 37 Pierce St., Northboro, MA. 01532
- **NO LIVE AMMUNITION ALLOWED IN THE CLASSROOM**

## ***NRA INSTRUCTOR TRAINING PROGRAM PRE-COURSE QUESTIONNAIRE***

Thank you for your interest in the NRA Instructor Training Program. The goal of this program is to develop instructors to teach NRA Basic Firearm Training Courses according to the lesson plans and training standards of the National Rifle Association.. This program is **not** designed to prepare you to teach other firearm training courses (such as law enforcement, security, or hunter safety courses), nor to prepare you to develop firearm training courses of your own.

The NRA Instructor Training course is designed to teach you **how to teach** others to shoot using NRA lesson plans and training methods. The course is **not** designed to improve your shooting skills. Possession of basic firearm safety and /or shooting skills is a prerequisite for certification as an NRA Instructor. You will be asked to demonstrate your firearm background through participation in pre-course assessment exercises.

A complete NRA Instructor Training Course consists of two parts. The first is basic instructor training, which consists of six hours of instruction. The second part is discipline-specific instructor training, which consists of an additional ten and half to fourteen hours of instruction **per discipline** (except for home firearm safety, which has an additional five hours for instruction). For example, an NRA Instructor Training Course in rifle, pistol, and shotgun lasts at least 40 hours.

At the beginning of the NRA Instructor Training Course, you will receive from your training counselor the *NRA Instructor's Guide* in a three-ring binder, the appropriate NRA Course Outlines and Lesson Plans for the disciplines you wish to teach, the appropriate NRA basic student handbook, and other materials used in NRA basic courses.

The NRA Training Counselor who conducts your course will make a recommendation to NRA concerning your certification based on an evaluation of your knowledge, skill and attitude. You will be asked to demonstrate your organizational and teaching skills through participation in several practical exercises during the course of your training. You will also be asked to complete an instructor certification examination. A minimum score of 90 Percent is required for certified instructor applicants (85 percent for assistant and apprentice instructor applicants). Attendance at the course, or a passing grade on the examination, does not guarantee that you will receive the recommendation of the NRA Training Counselor.

Instructor certification involves a commitment to conduct NRA basic Firearm Training Courses on an Annual basis in each discipline group (rifle, pistol, shotgun) in which you hold instructor ratings. NRA instructor ratings are valid for one year. Renewal of your certification will be contingent upon your annual activity in conducting NRA Basic Firearm Training Courses, and your participation in periodic recertification activates.

*The Goal Foundation NRA Instructor Program Pre-Course  
Questionnaire*

**Course Title & Date: *Instructor Course NRA Basic Pistol & Home  
Firearm Safety - February 5-7, 2010***

I have read the description of the NRA Instructor Training Program on the previous page. I understand its goals, and am interested in attending a course to become a NRA Certified Instructor.

Signature \_\_\_\_\_

Name \_\_\_\_\_

Street \_\_\_\_\_

City, State & zip \_\_\_\_\_

Email address \_\_\_\_\_

Daytime # \_\_\_\_\_ Evening # \_\_\_\_\_ Cell # \_\_\_\_\_

Date of Birth \_\_\_\_\_ Today's date \_\_\_\_\_

GOAL Membership ID # \_\_\_\_\_

NRA Membership ID # \_\_\_\_\_ EXP \_\_\_\_\_

Occupation \_\_\_\_\_

Please list all firearm training courses that you have attended \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you currently hold any ratings as an NRA Basic Firearm Training Instructor or NRA Shooting Coach? \_\_\_\_\_

If yes which ratings? \_\_\_\_\_

\_\_\_\_\_

In case of emergency please contact \_\_\_\_\_

Tel# \_\_\_\_\_ Other pertinent information \_\_\_\_\_

\_\_\_\_\_

## *NRA Instructor Programs Pre-course Questionnaire*

Where do you plan to conduct the classroom and range portions of your NRA Basic Firearm Training Courses? \_\_\_\_\_  
\_\_\_\_\_

After giving you an endorsement for instructor certification, your NRA Training Counselor is responsible for placing you on an instructor team. As a member of this team, you will work with others in organizing and conducting NRA Basic Firearm Training Courses. Do you personally know any NRA Certified Instructors with whom you would interested in working with? If so, what are their names ? \_\_\_\_\_  
\_\_\_\_\_

Briefly describe any previous teaching experience (shooting and non-shooting related)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Which instructor ratings are you interested in obtaining?  
\_\_\_\_\_  
\_\_\_\_\_

Why do you wish to become an NRA Certified Instructor? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Briefly describe your shooting experience with all types of firearms and air guns. List the types of guns you have fired, how long you have been shooting them, how often you shoot them, how many rounds you have fired in the last 6 months and the types of activities in which you participate with these guns.  
\_\_\_\_\_  
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